



**ARTICLE IV:**

**5-Pin Bowling Rules**

The Special Olympics Canada (SOC) Official Sports Rules shall govern all SOC 5-Pin Bowling competitions. As a national sport program SOC has created these rules based upon the Canadian 5-Pin Bowling Associations' (CFPBA) rules for 5-Pin Bowling competitions. CFPBA rules shall be employed except when they are in conflict with the SOC Official Sports Rules. In such cases, the following sections outlining the SOC Official 5-Pin Bowling Rules shall apply.

**SECTION A:**

**Official Events**

1. Singles Competition
2. Team Competition (a team consists of five participants).

**SECTION B:**

**Rules of Competition**

1. At National Games, the match play system used by the CFPBA shall be utilized.
2. Five pin bowling events shall be divisioned by ability rather than age.
3. All of the bowling events shall consist of either an all male team, all female team or a co-ed\* team.

**\*NOTE: A co-ed category is allowed in the Team competition only when there is an insufficient number of one gender to make either an all male or all female bowling team(s). If there are not enough co-ed teams in the Team competition to constitute a division, then that co-ed team(s) shall compete in the men's division.**

4. For National Games, participants must submit the results from the Provincial level competition plus their current season's average.
5. The current season's average must be supported by an official League Record Sheet certified by the coach, instructor and/or proprietor.



6. The current season's average must be determined at a club and/or house level based upon a minimum of twenty-five (25) games.
7. Entry averages for athletes competing at a National Games will be selected from either the qualifying average submitted for the Provincial level competition, or from the athlete's current League Average, whichever average is higher.
8. At National Games, only participants, coaches and officials will be allowed in the bowling area. The "bowling area" shall be defined as the bowling lane, the scoring table, and the adjacent seating area for the competing participant(s), and as defined by the Tournament Committee.
9. An individual with a visual impairment may have coaches give them pre-delivery assistance. The coach and/or instructor may properly align the athlete, but can not assist in the delivery of the ball.
10. At National Games, participants shall play a minimum of two (2) and a maximum of three (3) games per day throughout the regulation tournament format plus finals.
11. All athletes and coaches must be dressed uniformly and in proper bowling attire. Such attire includes a collared shirt, pants with a straight hemmed bottom. Denim, sweat pants, stir-up pants, spandex and hats shall not be permitted.